

## What Does Praying Our Lord's Prayer Look Like?

### The Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as it is in  
heaven.

Give us today our daily  
bread.

And forgive us our  
debts,  
as we also have forgiven  
our debtors.

And lead us not into  
temptation, but deliver  
us from the evil one.

### Jesus Christ

### This Morning My Lord's Prayer (Anonymous)

My Heavenly Father, my Creator, the  
Creator of the universe. When I pause to  
reflect at how majestic and amazing this  
world and universe is you created, even  
the eyeball of a fly and how it can fly and  
land upside down, makes me speechless  
at how amazing and beyond  
comprehension - hallowed - you and your  
name is. Forgive me for how often I think I  
have a clue about the world when in  
perspective I don't have the slightest clue.

The beauty of your creation that  
surrounds us, when we pause to look, is a  
little bit of heaven on earth you have  
graciously shared with us. Your will is  
beautiful. Help me hear your will to bring  
a little bit of heaven on earth today.

Thank you for the sustenance you  
provide me. Everything I have - to include  
my ability to work - you gave me. I am  
grateful for how you feed me not only  
physically but also emotionally and  
mentally - of course if I humble myself  
enough to let you help me.

Forgive me when I want to be selfish or  
keep all your goodness and provision you  
provide me to myself. Funny - not funny -  
how territorial I become with provision  
and capabilities I truly had nothing to do  
with creating. Where did I get the brain  
that stores and applies my education  
and experiences?

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When I reflect about how ridiculous my cockiness before you is, how ridiculous is it that I struggle to also forgive my friends and family who share you also as their creator? They, like me, equals in your creation, are on a journey daily working out whether we want to go our own way or follow you.

As you forgive me, allowing me to rejoin your Holy presence, help me forgive others, so they too hopefully will be encouraged to also join your Holy presence and forgive others to do the same. Kind of cool how your forgiveness creates a wave of "pay it forward forgiveness" calming the many stormy seas the free will of our humanity creates.

Cool - not cool - that unlike animals and insects, we can be tempted to go our own way. Show me clearly Lord those temptations. I admit, if I wasn't tempted to hate, I would not know what it means to choose love or experience love.

In the same light, help me be shrewd with principally myself. Protect me from myself and the forces that want me to fall in love with myself instead of in love with you and others. I accept that there are evil forces that have given themselves over to the hope of their own sovereignty. A generous and amazing freedom you gave us. Amazing and even dumb how the created can become so cocky with what created them .... anyhow ... I get that arrogance and misery loves company. Please help keep me away from that company.

Thank you for creating and loving me. I will try to pay it forward and give you the honor you deserve.

## This Morning Your Lord's Prayer

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Jesus Christ

What is your prayer today - or better all day?

The Lord's Prayer is how we can seek and stay in God's presence all day.

Print this page and write down your prayer with the context of the Lord's Prayer in mind. Be sure to pause, be still some, and listen, not just talk to God.